

# Bedroom Cleaning Checklist

A room-by-room bedroom cleaning checklist for bedding, dusting, under-bed, wardrobe, and floors.

## Declutter and Prep

- Pick up clothes and put them in the hamper or away
- Clear nightstands and dressers of cups, dishes, and clutter
- Return stray items to other rooms where they belong
- Open windows or blinds to air out and brighten the room
- Empty the bedroom trash bin

## Bedding and Mattress

- Strip the bed and start washing sheets and pillowcases
- Remake the bed with fresh linens once dry
- Fluff and rotate pillows
- Vacuum the mattress and spot-treat any stains
  - Sprinkle baking soda on the mattress, let it sit, then vacuum to freshen it.
- Rotate or flip the mattress during a monthly clean
- Wash duvet covers and mattress protectors regularly

## Dusting and Surfaces

- Dust the ceiling fan, light fixtures, and corners for cobwebs
- Wipe down nightstands, dressers, and shelves
- Dust picture frames, lamps, and decor
- Clean mirrors and any glass surfaces
- Wipe down light switches, door handles, and remotes
- Dust window sills and wipe down blinds

## Wardrobe and Storage

- Tidy and refold clothes in drawers and on shelves
- Rehang fallen clothes and group by type
- Set aside items to donate that you no longer wear
- Wipe down closet shelves and rails
- Organize shoes and accessories

## Under-Bed and Hidden Areas

- Pull out and sort items stored under the bed
- Vacuum thoroughly under the bed and behind the headboard
- Wipe down baseboards along the walls
- Vacuum behind and under dressers and nightstands
- Check for and clear dust on top of the wardrobe

## Floors and Finishing

- Vacuum carpets or sweep and mop hard floors
- Spot-clean any stains on rugs or carpet
- Shake out or wash any small rugs
- Wipe down the door and frame
- Do a final tidy and inspection of the room