Cat Care Checklist

A cat care checklist organizing daily, weekly, and monthly routines that keep a cat healthy and happy.

Daily care

- [ ] Serve measured meals at consistent times and refresh water.
- [ ] Scoop the litter box and check for anything unusual.
- [ ] Offer interactive play to keep your cat active.
- [ ] Spend calm time bonding and observing behavior.
- [ ] Wipe up spills and keep feeding areas clean.
- [ ] Check appetite, energy, and mood for changes.

Weekly care

- [ ] Brush your cat's coat, more for long-haired breeds.
- [ ] Wash bedding and clean food and water bowls thoroughly.
- [ ] Fully change the litter and wipe down the box.
- [ ] Check ears, eyes, and teeth for buildup or odor.
- [ ] Inspect the scratching post and rotate toys.
- [ ] Confirm ID tag and any escape-prone areas are secure.

Monthly care

- [ ] Give parasite prevention for fleas and worms on schedule.
  Follow your veterinarian's recommended products and timing.
- [ ] Weigh your cat and note any changes.
- [ ] Trim nails if they have grown too long.
- [ ] Review and refill any medications or supplements.
- [ ] Restock food, litter, and supplies before they run out.
- [ ] Confirm microchip and ID details are current.

Feeding and nutrition

- [ ] Feed a quality, age-appropriate cat food in measured portions.
- [ ] Provide clean, fresh water and encourage hydration.
- [ ] Limit treats and avoid foods toxic to cats.
- [ ] Transition any food change gradually over several days.
- [ ] Adjust portions for age, weight, and activity.
- [ ] Note appetite changes or vomiting for your vet.

Litter and hygiene

- [ ] Keep litter boxes clean, accessible, and away from food.
- [ ] Provide enough boxes for a multi-cat home.
- [ ] Watch for changes in urine, stool, or box use.

- [ ] Clean around feeding and litter areas regularly.
- [ ] Check coat and skin for fleas, mats, and lumps.
- [ ] Maintain dental care as your vet recommends.

Health and wellness

- [ ] Keep up with routine wellness exams and vaccinations.
- [ ] Watch energy, appetite, weight, and litter habits.
- [ ] Give prescribed medications exactly as directed.
- [ ] Provide perches, enrichment, and safe scratching outlets.
- [ ] Keep emergency vet contacts handy.
- [ ] Important: This is general information, not veterinary advice. Always consult a veterinarian about your cat's health, diet, and medications.