

Cat Care Checklist

A cat care checklist organizing daily, weekly, and monthly routines that keep a cat healthy and happy.

Daily care

- ☐ Serve measured meals at consistent times and refresh water.
- ☐ Scoop the litter box and check for anything unusual.
- ☐ Offer interactive play to keep your cat active.
- ☐ Spend calm time bonding and observing behavior.
- ☐ Wipe up spills and keep feeding areas clean.
- ☐ Check appetite, energy, and mood for changes.

Weekly care

- ☐ Brush your cat's coat, more for long-haired breeds.
- ☐ Wash bedding and clean food and water bowls thoroughly.
- ☐ Fully change the litter and wipe down the box.
- ☐ Check ears, eyes, and teeth for buildup or odor.
- ☐ Inspect the scratching post and rotate toys.
- ☐ Confirm ID tag and any escape-prone areas are secure.

Monthly care

- ☐ Give parasite prevention for fleas and worms on schedule.
Follow your veterinarian's recommended products and timing.
- ☐ Weigh your cat and note any changes.
- ☐ Trim nails if they have grown too long.
- ☐ Review and refill any medications or supplements.
- ☐ Restock food, litter, and supplies before they run out.
- ☐ Confirm microchip and ID details are current.

Feeding and nutrition

- ☐ Feed a quality, age-appropriate cat food in measured portions.
- ☐ Provide clean, fresh water and encourage hydration.
- ☐ Limit treats and avoid foods toxic to cats.
- ☐ Transition any food change gradually over several days.
- ☐ Adjust portions for age, weight, and activity.
- ☐ Note appetite changes or vomiting for your vet.

Litter and hygiene

- ☐ Keep litter boxes clean, accessible, and away from food.
- ☐ Provide enough boxes for a multi-cat home.
- ☐ Watch for changes in urine, stool, or box use.
- ☐ Clean around feeding and litter areas regularly.
- ☐ Check coat and skin for fleas, mats, and lumps.
- ☐ Maintain dental care as your vet recommends.

Health and wellness

- ☐ Keep up with routine wellness exams and vaccinations.
- ☐ Watch energy, appetite, weight, and litter habits.
- ☐ Give prescribed medications exactly as directed.
- ☐ Provide perches, enrichment, and safe scratching outlets.
- ☐ Keep emergency vet contacts handy.
- ☐ Important: This is general information, not veterinary advice. Always consult a veterinarian about your cat's health, diet, and medications.