

Cat Medication Checklist

A checklist to help cat owners give pills and liquids, hide medicine in food, and track every dose with their vet's guidance.

Before You Start

- ☐ Confirm the medicine, dose, and timing from your vet
 - ☐ Check whether to give with or without food
 - ☐ Read the label for special handling notes
 - ☐ Gather a towel, treats, and any tools you need
 - ☐ Pick a calm time and quiet space
- Follow your vet's instructions exactly; never change a dose yourself

Pilling Your Cat

- ☐ Try a pill pocket or a tiny ball of favorite food
 - ☐ If needed, gently tip the head back and open the mouth
 - ☐ Place the pill at the back of the tongue
 - ☐ Close the mouth and stroke the throat to prompt a swallow
 - ☐ Offer water or a treat and confirm it went down
- Do not crush or split pills unless your vet says it is safe

Hiding Meds in Food

- ☐ Use a small, irresistible portion your cat will finish
- ☐ Make sure the whole dose is eaten
- ☐ Watch that your cat does not eat around the pill
- ☐ Avoid mixing into a full meal that may be left
- ☐ Confirm with your vet that food is allowed for this medicine

Giving Liquids & Topicals

- ☐ Measure the liquid exactly with the supplied syringe
- ☐ Aim into the cheek pouch and give slowly
- ☐ Let your cat swallow before giving more
- ☐ For topicals, part the fur and apply to skin if directed
- ☐ Prevent licking until the area is dry

Tracking Doses

- ☐ Log the date, time, and dose for each medicine
 - ☐ Note who gave it when sharing duties
 - ☐ Mark any missed or refused dose
 - ☐ Record side effects like vomiting, hiding, or low appetite
 - ☐ Bring the log to recheck appointments
- Do not double a dose to make up a missed one without vet advice

Storage & Refills

- ☐ Keep medicine in its original labeled container
- ☐ Store at the temperature the label requires
- ☐ Keep all products out of your cat's reach
- ☐ Order refills before you run out

- ☐ Dispose of expired or unused medicine safely

Important

- ☐ This checklist is general information for owners, not veterinary advice; only your vet can set the right medicine and dose for your cat, so always consult a licensed veterinarian

If your cat has a bad reaction or you suspect an overdose, contact your vet or an emergency animal hospital immediately