Cat Medication Checklist

A checklist to help cat owners give pills and liquids, hide medicine in food, and track every dose with their vet's guidance.

Before You Start

- [ ] Confirm the medicine, dose, and timing from your vet
- [ ] Check whether to give with or without food
- [ ] Read the label for special handling notes
- [ ] Gather a towel, treats, and any tools you need
- [ ] Pick a calm time and quiet space
  Follow your vet's instructions exactly; never change a dose yourself

Pilling Your Cat

- [ ] Try a pill pocket or a tiny ball of favorite food
- [ ] If needed, gently tip the head back and open the mouth
- [ ] Place the pill at the back of the tongue
- [ ] Close the mouth and stroke the throat to prompt a swallow
- [ ] Offer water or a treat and confirm it went down
  Do not crush or split pills unless your vet says it is safe

Hiding Meds in Food

- [ ] Use a small, irresistible portion your cat will finish
- [ ] Make sure the whole dose is eaten
- [ ] Watch that your cat does not eat around the pill
- [ ] Avoid mixing into a full meal that may be left
- [ ] Confirm with your vet that food is allowed for this medicine

Giving Liquids & Topicals

- [ ] Measure the liquid exactly with the supplied syringe
- [ ] Aim into the cheek pouch and give slowly
- [ ] Let your cat swallow before giving more
- [ ] For topicals, part the fur and apply to skin if directed
- [ ] Prevent licking until the area is dry

Tracking Doses

- [ ] Log the date, time, and dose for each medicine
- [ ] Note who gave it when sharing duties
- [ ] Mark any missed or refused dose
- [ ] Record side effects like vomiting, hiding, or low appetite
- [ ] Bring the log to recheck appointments
  Do not double a dose to make up a missed one without vet advice

Storage & Refills

- [ ] Keep medicine in its original labeled container
- [ ] Store at the temperature the label requires
- [ ] Keep all products out of your cat's reach
- [ ] Order refills before you run out
- [ ] Dispose of expired or unused medicine safely

Important

- [ ] This checklist is general information for owners, not veterinary advice; only your vet can set the right medicine and dose for your cat, so always consult a licensed veterinarian

  If your cat has a bad reaction or you suspect an overdose, contact your vet or an emergency animal hospital immediately