Cat Sitter Checklist

A cat sitter checklist for owners covering litter, feeding, hiding spots, meds and vet info.

Feeding instructions

- [ ] List wet and dry food types, amounts and times.
- [ ] Show where food, treats and bowls are stored.
- [ ] Note allergies and any unsafe foods.
- [ ] Explain treat rules and how many are allowed.
- [ ] Describe how to refresh water, including any fountain.
- [ ] Mention how your cat usually behaves at mealtime.

Litter box care

- [ ] Show where each litter box is located.
- [ ] Note the litter type and where extra is stored.
- [ ] Explain how often to scoop and fully change litter.
- [ ] Describe where to dispose of waste.
- [ ] Avoid moving or changing boxes while you are away.
- [ ] Flag litter box avoidance as a possible concern.
  Avoiding the box can signal stress or a health issue to mention to your veterinarian.

Hiding spots and behavior

- [ ] List your cat's favorite hiding spots.
- [ ] Explain whether to coax the cat out or leave it be.
- [ ] Note how your cat reacts to new people.
- [ ] Describe signs your cat is relaxed versus stressed.
- [ ] Mention scratching posts and play preferences.
- [ ] Warn about any escape risks near doors or windows.

Medications and health

- [ ] List each medication, dose and timing clearly.
- [ ] Explain how to give each medication step by step.
- [ ] Note where medications are stored.
- [ ] Describe what to do if a dose is missed.
- [ ] Flag symptoms that need attention, like not eating.
- [ ] Confirm all medication details with your veterinarian.

Vet and emergencies

- [ ] Share your veterinarian's name and number.
- [ ] Note the nearest emergency vet clinic and address.
- [ ] Include microchip details and a recent photo.

- [ ] List any medical conditions or allergies.
- [ ] Authorize emergency care and note any cost limits.
- [ ] Provide your phone number and a local backup contact.

Home and notes

- [ ] Explain how to lock up and secure the home.
- [ ] Point out cleaning supplies for accidents.
- [ ] Note where to find a leash or carrier if needed.
- [ ] Flag household hazards to keep away from your cat.
- [ ] Confirm visit times and how to send you updates.
- [ ] Leave Wi-Fi, thermostat and basic home notes.
- [ ] Important: This is general information, not professional advice. Confirm medication and health instructions with your veterinarian before leaving your cat with a sitter.