

Cat Sitter Checklist

A cat sitter checklist for owners covering litter, feeding, hiding spots, meds and vet info.

Feeding instructions

- ☐ List wet and dry food types, amounts and times.
- ☐ Show where food, treats and bowls are stored.
- ☐ Note allergies and any unsafe foods.
- ☐ Explain treat rules and how many are allowed.
- ☐ Describe how to refresh water, including any fountain.
- ☐ Mention how your cat usually behaves at mealtime.

Litter box care

- ☐ Show where each litter box is located.
- ☐ Note the litter type and where extra is stored.
- ☐ Explain how often to scoop and fully change litter.
- ☐ Describe where to dispose of waste.
- ☐ Avoid moving or changing boxes while you are away.
- ☐ Flag litter box avoidance as a possible concern.
Avoiding the box can signal stress or a health issue to mention to your veterinarian.

Hiding spots and behavior

- ☐ List your cat's favorite hiding spots.
- ☐ Explain whether to coax the cat out or leave it be.
- ☐ Note how your cat reacts to new people.
- ☐ Describe signs your cat is relaxed versus stressed.
- ☐ Mention scratching posts and play preferences.
- ☐ Warn about any escape risks near doors or windows.

Medications and health

- ☐ List each medication, dose and timing clearly.
- ☐ Explain how to give each medication step by step.
- ☐ Note where medications are stored.
- ☐ Describe what to do if a dose is missed.
- ☐ Flag symptoms that need attention, like not eating.
- ☐ Confirm all medication details with your veterinarian.

Vet and emergencies

- ☐ Share your veterinarian's name and number.
- ☐ Note the nearest emergency vet clinic and address.
- ☐ Include microchip details and a recent photo.
- ☐ List any medical conditions or allergies.
- ☐ Authorize emergency care and note any cost limits.
- ☐ Provide your phone number and a local backup contact.

Home and notes

- ☐ Explain how to lock up and secure the home.
- ☐ Point out cleaning supplies for accidents.
- ☐ Note where to find a leash or carrier if needed.
- ☐ Flag household hazards to keep away from your cat.
- ☐ Confirm visit times and how to send you updates.
- ☐ Leave Wi-Fi, thermostat and basic home notes.
- ☐ Important: This is general information, not professional advice. Confirm medication and health instructions with your veterinarian before leaving your cat with a sitter.