

Dog Sitter Checklist

A dog sitter checklist for owners covering walks, feeding, commands, vet info and emergencies.

Feeding instructions

- ☐ List the food type, amount and exact feeding times.
- ☐ Show where food, treats and bowls are stored.
- ☐ Pre-portion meals to make feeding easy.
- ☐ Note allergies and any unsafe foods.
- ☐ Explain treat rules and training treats.
- ☐ Describe how to refresh water throughout the day.

Walks and exercise

- ☐ Note walk times, length and the usual route.
- ☐ Specify the harness, collar and leash to use.
- ☐ Explain leash behavior, pulling or reactivity.
- ☐ Describe recall reliability and off-leash rules.
- ☐ List potty break times and habits.
- ☐ Mention weather limits for walks.

For leash or reactivity issues, a professional trainer can help long term.

Commands and behavior

- ☐ List commands your dog knows and the exact cue words.
- ☐ Explain how your dog responds to sit, stay and come.
- ☐ Note leave it and drop it for safety.
- ☐ Describe house rules, like furniture or door manners.
- ☐ Flag behaviors to avoid reinforcing.
- ☐ Share how your dog signals stress or needs.

Daily routine and comforts

- ☐ Outline the typical day from morning to night.
- ☐ Note crate or sleeping arrangements.
- ☐ List favorite toys and comfort items.
- ☐ Explain alone-time tolerance and limits.
- ☐ Describe play, enrichment and downtime needs.
- ☐ Mention any anxieties or fears.

Vet and health info

- ☐ Share your veterinarian's name and number.
- ☐ List medications, doses and timing clearly.
- ☐ Note any medical conditions or allergies.
- ☐ Include microchip details and a recent photo.
- ☐ Confirm vaccine and parasite prevention is current.
- ☐ Verify medication instructions with your veterinarian.

Emergencies and contacts

- ☐ Provide your phone number and travel dates.
- ☐ List a local backup contact who can step in.
- ☐ Note the nearest emergency vet clinic and address.
- ☐ Authorize emergency care and note any cost limits.
- ☐ Explain how to lock up and secure the home.
- ☐ Confirm visit times and how to send you updates.
- ☐ Important: This is general information, not professional advice. Confirm medication and health instructions with your veterinarian and consult a professional trainer for serious behavior concerns.