

Exam Checklist

An exam checklist for the night before and the day of an exam, from materials to strategy.

Final revision the night before

- Review your summary notes and flashcards lightly, not new material.
- Run through key formulas, dates or definitions one last time.
- Do a few practice questions to warm up, then stop.
- Skim the topics you feel least confident about.
- Avoid cramming late into the night.

Pack your materials

- Pack your student ID and any admission or exam ticket.
Many exams will not let you sit without ID.
- Bring approved pens, pencils, erasers and a sharpener.
- Pack a calculator with fresh or spare batteries if allowed.
- Bring any permitted notes, formula sheet or textbook.
- Add a watch, water bottle and a small snack.
- Confirm what is and is not allowed in the exam room.

Rest and logistics

- Eat a normal dinner and stay hydrated.
- Set at least one alarm and aim for a full night of sleep.
- Lay out your clothes and bag the night before.
- Confirm the exam location, room and start time.
- Plan your route and leave with time to spare.

Exam morning

- Eat a steady breakfast that will not crash your energy.
- Double-check you have your ID, supplies and ticket.
- Arrive early to settle in and find your seat.
- Use the restroom before the exam starts.
- Take a few slow breaths to calm any nerves.

During the exam

- Read all instructions and the mark allocation carefully.
- Scan the whole paper before you start writing.
- Budget your time per question based on its marks.
- Answer the questions you know best first.
- Show your working so you can earn partial credit.
- Leave a few minutes to review and check your answers.