

Kitten Care Checklist

A kitten care checklist covering the day-to-day routine of feeding, litter, play, grooming, and health for a kitten.

Daily feeding and water

- ☐ Feed small, frequent meals of age-appropriate kitten food.
- ☐ Provide clean, fresh water and encourage drinking.
- ☐ Wash bowls daily to keep them clean.
- ☐ Stick to vet-recommended food and limit treats.
- ☐ Adjust meal frequency as your kitten grows.
Confirm the schedule with your veterinarian.
- ☐ Note any loss of appetite to mention to the vet.

Litter and cleanup

- ☐ Scoop the litter box at least once a day.
- ☐ Use a low-sided box and kitten-safe litter.
- ☐ Fully change the litter and clean the box regularly.
- ☐ Keep the box quiet, accessible, and away from food.
- ☐ Gently guide your kitten to the box after meals and naps.
- ☐ Watch for changes in litter use to share with your vet.

Play and bonding

- ☐ Schedule several short, interactive play sessions daily.
- ☐ Use wand toys and balls to channel hunting energy.
- ☐ Redirect biting and scratching from hands to toys.
- ☐ Provide a scratching post and safe climbing spots.
- ☐ Spend calm cuddle time to build trust.
- ☐ Rotate toys to keep your kitten curious.

Grooming and handling

- ☐ Brush the coat gently and regularly to reduce hairballs.
- ☐ Introduce nail trims slowly and positively.
- ☐ Handle paws, ears, and mouth to prepare for future care.
- ☐ Check eyes and ears and clean gently if needed.
- ☐ Start gentle dental care as your vet advises.
- ☐ Keep grooming sessions short and rewarding.

Safety and supervision

- ☐ Keep cords, small items, and toxic plants out of reach.
- ☐ Supervise young children and teach gentle handling.
- ☐ Check appliances and recliners before use.
- ☐ Secure windows, balconies, and doors against escapes.
- ☐ Provide a warm, quiet place to nap undisturbed.
- ☐ Keep a secure carrier ready for vet trips.

Health monitoring

- ☐ Watch appetite, energy, weight, and litter habits daily.
- ☐ Keep up with the vaccination and deworming schedule.
- ☐ Give any prescribed medications exactly as directed.
- ☐ Check skin and coat for fleas and irritation.
- ☐ Keep your kitten warm, hydrated, and rested.
- ☐ Important: This is general information, not veterinary advice. Always consult a veterinarian about your kitten's health, diet, and vaccinations.