Kitten Care Checklist

A kitten care checklist covering the day-to-day routine of feeding, litter, play, grooming, and health for a kitten.

Daily feeding and water

- [ ] Feed small, frequent meals of age-appropriate kitten food.
- [ ] Provide clean, fresh water and encourage drinking.
- [ ] Wash bowls daily to keep them clean.
- [ ] Stick to vet-recommended food and limit treats.
- [ ] Adjust meal frequency as your kitten grows.
  Confirm the schedule with your veterinarian.
- [ ] Note any loss of appetite to mention to the vet.

Litter and cleanup

- [ ] Scoop the litter box at least once a day.
- [ ] Use a low-sided box and kitten-safe litter.
- [ ] Fully change the litter and clean the box regularly.
- [ ] Keep the box quiet, accessible, and away from food.
- [ ] Gently guide your kitten to the box after meals and naps.
- [ ] Watch for changes in litter use to share with your vet.

Play and bonding

- [ ] Schedule several short, interactive play sessions daily.
- [ ] Use wand toys and balls to channel hunting energy.
- [ ] Redirect biting and scratching from hands to toys.
- [ ] Provide a scratching post and safe climbing spots.
- [ ] Spend calm cuddle time to build trust.
- [ ] Rotate toys to keep your kitten curious.

Grooming and handling

- [ ] Brush the coat gently and regularly to reduce hairballs.
- [ ] Introduce nail trims slowly and positively.
- [ ] Handle paws, ears, and mouth to prepare for future care.
- [ ] Check eyes and ears and clean gently if needed.
- [ ] Start gentle dental care as your vet advises.
- [ ] Keep grooming sessions short and rewarding.

Safety and supervision

- [ ] Keep cords, small items, and toxic plants out of reach.
- [ ] Supervise young children and teach gentle handling.
- [ ] Check appliances and recliners before use.

- [ ] Secure windows, balconies, and doors against escapes.
- [ ] Provide a warm, quiet place to nap undisturbed.
- [ ] Keep a secure carrier ready for vet trips.

Health monitoring

- [ ] Watch appetite, energy, weight, and litter habits daily.
- [ ] Keep up with the vaccination and deworming schedule.
- [ ] Give any prescribed medications exactly as directed.
- [ ] Check skin and coat for fleas and irritation.
- [ ] Keep your kitten warm, hydrated, and rested.
- [ ] Important: This is general information, not veterinary advice. Always consult a veterinarian about your kitten's health, diet, and vaccinations.