

Moving Checklist

A complete week-by-week moving checklist covering packing, utilities and moving day.

8 Weeks Before

- ☐ Create a moving folder for quotes, receipts and contracts
- ☐ Set a realistic moving budget
 - Include movers, supplies, deposits and a buffer for surprises
- ☐ Get quotes and book a moving company or rental truck
- ☐ Declutter room by room — sell, donate or bin what you won't take
- ☐ Make an inventory of valuables and large furniture

6 Weeks Before

- ☐ Order packing supplies: boxes, tape, bubble wrap and markers
- ☐ Start using up freezer food and pantry items
- ☐ Measure doorways and large furniture for the new home
- ☐ Request time off work for moving day

4 Weeks Before

- ☐ Pack rarely used rooms first (attic, garage, guest room)
- ☐ Label every box by room and contents
 - Number boxes and keep a master list
- ☐ Give notice to your landlord or list your home
- ☐ Arrange childcare and pet care for moving day

2 Weeks Before

- ☐ Confirm the date, time and address with your movers
- ☐ Set up or transfer utilities: electricity, gas, water and internet
- ☐ Change your address with the post office and key accounts
- ☐ Refill prescriptions and gather important documents

Moving Week

- ☐ Pack a first-night essentials box and keep it with you
- ☐ Defrost and clean the refrigerator and freezer
- ☐ Disassemble large furniture and bag the screws
- ☐ Confirm parking for the moving truck
- ☐ Back up your computer and important files

Moving Day

- ☐ Do a final walkthrough of every room, closet and cupboard
- ☐ Take meter readings and photos of the empty home
- ☐ Keep valuables, documents and chargers with you, not on the truck
- ☐ Check items off your inventory as they are loaded and unloaded
- ☐ Hand over keys and leave a forwarding address

After the Move

- ☐ Unpack the essentials box and make the beds first

- ☐ Test smoke and carbon-monoxide alarms
- ☐ Update your driver's license and vehicle registration
- ☐ Register with a local doctor, dentist and pharmacy
- ☐ Introduce yourself to the neighbors