Pet Care Checklist

A pet care checklist covering the ongoing daily and weekly routine that keeps any pet healthy and happy.

Daily feeding and water

- [ ] Serve measured meals at consistent times each day.
- [ ] Provide clean, fresh water and refill it throughout the day.
- [ ] Wash food and water bowls daily to prevent buildup.
- [ ] Stick to vet-recommended food and limit treats and table scraps.
- [ ] Adjust portions for age, weight, and activity over time.
  Ask your veterinarian to confirm the right amount.
- [ ] Note any loss of appetite or unusual eating to mention to the vet.

Exercise and enrichment

- [ ] Provide daily exercise suited to your pet's species and energy.
- [ ] Schedule walks, play, or active time at predictable points in the day.
- [ ] Rotate toys and puzzles to keep your pet mentally stimulated.
- [ ] Offer safe outdoor or window time for fresh air and stimulation.
- [ ] Build in training or trick practice to engage your pet's mind.
- [ ] Make time for calm, undistracted bonding every day.

Hygiene and grooming

- [ ] Brush your pet's coat on a regular schedule to reduce shedding and mats.
- [ ] Bathe as needed for your pet's species and coat type.
- [ ] Check and clean ears, eyes, and teeth as recommended.
- [ ] Trim nails before they get too long or catch.
- [ ] Keep bathroom areas, litter, or cages clean daily.
- [ ] Wash bedding and soft toys weekly.

Clean living space

- [ ] Scoop, change, or clean bathroom areas every day.
- [ ] Vacuum or sweep fur and dander from your pet's main areas.
- [ ] Disinfect food and water stations regularly.
- [ ] Keep the resting area dry, warm, and free of clutter.
- [ ] Store food sealed to keep it fresh and pest-free.
- [ ] Restock supplies before they run out.

Health monitoring

- [ ] Keep up with parasite prevention for fleas, ticks, and worms.
- [ ] Give any prescribed medications exactly as directed.
- [ ] Watch weight, appetite, energy, and bathroom habits for changes.

- [ ] Schedule routine wellness checkups and stay current on vaccines.
- [ ] Check skin and coat for lumps, irritation, or pests.
- [ ] Important: This is general information, not veterinary advice. Always consult a veterinarian about your pet's health, diet, and medications.

Affection and well-being

- [ ] Give daily attention, gentle handling, and praise.
- [ ] Keep routines predictable to lower stress.
- [ ] Provide a quiet, safe retreat where your pet can rest.
- [ ] Watch body language and respect when your pet wants space.
- [ ] Introduce new people, pets, and places gradually.
- [ ] Spend unhurried time together to strengthen your bond.