Pet Medication Checklist

A checklist to help pet owners give and track medications safely with a clear schedule, dose log, storage, and refill reminders.

Set Up the Plan

- [ ] List each medicine with what it treats
- [ ] Write down the exact dose and timing your vet set
- [ ] Note whether to give with or without food
- [ ] Record the start date and how long to continue
- [ ] Ask the vet about possible side effects to watch
  Follow your vet's instructions exactly; never change a dose yourself

Build the Schedule

- [ ] Choose consistent daily times for each dose
- [ ] Set phone or calendar reminders for every dose
- [ ] Assign who gives the medicine when sharing duties
- [ ] Plan around feeding times when food matters
- [ ] Use a pill organizer or chart for multiple medicines

Giving the Dose

- [ ] Wash your hands before and after handling medicine
- [ ] Confirm the right pet, medicine, dose, and time
- [ ] Follow the method advised, such as with food or directly
- [ ] Make sure your pet actually swallowed the dose
- [ ] Offer praise or a small reward if allowed

Dose Log

- [ ] Record the date and time of each dose given
- [ ] Note who administered it
- [ ] Mark any dose that was missed or spit out
- [ ] Write down any reaction or change you noticed
- [ ] Bring the log to follow-up visits
  Do not double a dose to make up a missed one without vet advice

Storage & Safety

- [ ] Keep medicines in their original labeled containers
- [ ] Store at the temperature the label requires
- [ ] Keep all products out of reach of pets and children
- [ ] Separate pet and human medicines clearly
- [ ] Dispose of expired or unused medicine safely

Refills & Follow-Up

- [ ] Note the quantity left and the refill date
- [ ] Order refills before you run out
- [ ] Confirm whether the dose continues or changes
- [ ] Schedule any recheck or lab work your vet wants
- [ ] Keep your vet and pharmacy contacts handy

Important

- [ ] This checklist is general information for owners, not veterinary advice; only your vet can set the right medicine and dose for your pet, so always consult a licensed veterinarian

  If your pet has a bad reaction or you suspect an overdose, contact your vet or an emergency animal hospital immediately