

Pet Medication Checklist

A checklist to help pet owners give and track medications safely with a clear schedule, dose log, storage, and refill reminders.

Set Up the Plan

- ☐ List each medicine with what it treats
 - ☐ Write down the exact dose and timing your vet set
 - ☐ Note whether to give with or without food
 - ☐ Record the start date and how long to continue
 - ☐ Ask the vet about possible side effects to watch
- Follow your vet's instructions exactly; never change a dose yourself

Build the Schedule

- ☐ Choose consistent daily times for each dose
- ☐ Set phone or calendar reminders for every dose
- ☐ Assign who gives the medicine when sharing duties
- ☐ Plan around feeding times when food matters
- ☐ Use a pill organizer or chart for multiple medicines

Giving the Dose

- ☐ Wash your hands before and after handling medicine
- ☐ Confirm the right pet, medicine, dose, and time
- ☐ Follow the method advised, such as with food or directly
- ☐ Make sure your pet actually swallowed the dose
- ☐ Offer praise or a small reward if allowed

Dose Log

- ☐ Record the date and time of each dose given
 - ☐ Note who administered it
 - ☐ Mark any dose that was missed or spit out
 - ☐ Write down any reaction or change you noticed
 - ☐ Bring the log to follow-up visits
- Do not double a dose to make up a missed one without vet advice

Storage & Safety

- ☐ Keep medicines in their original labeled containers
- ☐ Store at the temperature the label requires
- ☐ Keep all products out of reach of pets and children
- ☐ Separate pet and human medicines clearly
- ☐ Dispose of expired or unused medicine safely

Refills & Follow-Up

- ☐ Note the quantity left and the refill date
- ☐ Order refills before you run out
- ☐ Confirm whether the dose continues or changes
- ☐ Schedule any recheck or lab work your vet wants

- ☐ Keep your vet and pharmacy contacts handy

Important

- ☐ This checklist is general information for owners, not veterinary advice; only your vet can set the right medicine and dose for your pet, so always consult a licensed veterinarian

If your pet has a bad reaction or you suspect an overdose, contact your vet or an emergency animal hospital immediately