

Pet Sitter Checklist

A pet sitter checklist for owners covering feeding, meds, routine, emergencies and contacts.

Feeding instructions

- ☐ List each pet's food type, amount and feeding times.
- ☐ Show where food, treats and bowls are stored.
- ☐ Note any dietary restrictions or allergies.
- ☐ Explain how much and when treats are allowed.
- ☐ Describe how to refresh water and clean bowls.
- ☐ Mention any foods that are off-limits.

Medications and health

- ☐ List each medication, dose and timing clearly.
- ☐ Explain how to give each medication step by step.
- ☐ Note where medications are stored.
- ☐ Describe what to do if a dose is missed.
- ☐ Flag any symptoms that need attention.
- ☐ Confirm all medication details with your veterinarian.
Demonstrate dosing in person before you leave if possible.

Daily routine

- ☐ Outline the typical day from morning to night.
- ☐ Note walk, play or outdoor times and lengths.
- ☐ Explain litter, potty or cage cleaning steps.
- ☐ Describe sleeping spots and bedtime routine.
- ☐ Mention favorite toys, comforts and quirks.
- ☐ Share how your pet signals needs or stress.

Home and supplies

- ☐ Show where leashes, carriers and supplies are kept.
- ☐ Explain how to lock up and use any alarm.
- ☐ Point out cleaning supplies for accidents.
- ☐ Note where to find a backup key if needed.
- ☐ Explain trash, recycling and waste disposal.
- ☐ Flag any household hazards to keep away from pets.

Emergencies

- ☐ Provide your phone number and travel dates.
- ☐ List a local backup contact who can step in.
- ☐ Share your veterinarian's name and number.
- ☐ Note the nearest emergency vet clinic and address.
- ☐ Authorize emergency care and note any cost limits.
- ☐ Include microchip details and a recent photo.

Contacts and notes

- ☐ List all key contacts in one easy place.
- ☐ Note neighbors who can help in a pinch.
- ☐ Add Wi-Fi, thermostat and basic home notes.
- ☐ Explain how and when to send you updates.
- ☐ Leave any building or gate access details.
- ☐ Confirm visit times and the schedule with your sitter.
- ☐ Important: This is general information, not professional advice. Confirm medication and health instructions with your veterinarian before leaving your pet with a sitter.