Pet Sitter Checklist

A pet sitter checklist for owners covering feeding, meds, routine, emergencies and contacts.

Feeding instructions

- [ ] List each pet's food type, amount and feeding times.
- [ ] Show where food, treats and bowls are stored.
- [ ] Note any dietary restrictions or allergies.
- [ ] Explain how much and when treats are allowed.
- [ ] Describe how to refresh water and clean bowls.
- [ ] Mention any foods that are off-limits.

Medications and health

- [ ] List each medication, dose and timing clearly.
- [ ] Explain how to give each medication step by step.
- [ ] Note where medications are stored.
- [ ] Describe what to do if a dose is missed.
- [ ] Flag any symptoms that need attention.
- [ ] Confirm all medication details with your veterinarian.
  Demonstrate dosing in person before you leave if possible.

Daily routine

- [ ] Outline the typical day from morning to night.
- [ ] Note walk, play or outdoor times and lengths.
- [ ] Explain litter, potty or cage cleaning steps.
- [ ] Describe sleeping spots and bedtime routine.
- [ ] Mention favorite toys, comforts and quirks.
- [ ] Share how your pet signals needs or stress.

Home and supplies

- [ ] Show where leashes, carriers and supplies are kept.
- [ ] Explain how to lock up and use any alarm.
- [ ] Point out cleaning supplies for accidents.
- [ ] Note where to find a backup key if needed.
- [ ] Explain trash, recycling and waste disposal.
- [ ] Flag any household hazards to keep away from pets.

Emergencies

- [ ] Provide your phone number and travel dates.
- [ ] List a local backup contact who can step in.
- [ ] Share your veterinarian's name and number.

- [ ] Note the nearest emergency vet clinic and address.
- [ ] Authorize emergency care and note any cost limits.
- [ ] Include microchip details and a recent photo.

Contacts and notes

- [ ] List all key contacts in one easy place.
- [ ] Note neighbors who can help in a pinch.
- [ ] Add Wi-Fi, thermostat and basic home notes.
- [ ] Explain how and when to send you updates.
- [ ] Leave any building or gate access details.
- [ ] Confirm visit times and the schedule with your sitter.
- [ ] Important: This is general information, not professional advice. Confirm medication and health instructions with your veterinarian before leaving your pet with a sitter.