Household Shopping List

A master list of the household items you buy again and again, from cleaning supplies to toiletries and first aid.

Kitchen and Pantry Basics

- [ ] Cooking oil and cooking spray
- [ ] Salt, pepper, and your go-to spices
- [ ] Sugar, flour, and baking basics
- [ ] Coffee, tea, or drink mixes
- [ ] Condiments and sauces: ketchup, mustard, mayo
- [ ] Breakfast staples: cereal, oats, or bread

For a full food list by aisle, use a grocery checklist alongside this one.

Cleaning Supplies

- [ ] All-purpose cleaner
- [ ] Dish soap and dishwasher tablets
- [ ] Sponges, scrub brushes, and microfiber cloths
- [ ] Glass cleaner and disinfecting wipes
- [ ] Bathroom and toilet cleaner
- [ ] Trash bags in every size you use

Laundry

- [ ] Laundry detergent
- [ ] Fabric softener or dryer sheets
- [ ] Stain remover
- [ ] Bleach or color-safe brightener
- [ ] Hangers and a lint roller

Paper and Kitchen Disposables

- [ ] Toilet paper
- [ ] Paper towels
- [ ] Tissues
- [ ] Aluminum foil and plastic wrap
- [ ] Zip-top bags and food storage containers

Bathroom and Personal Care

- [ ] Shampoo and conditioner
- [ ] Body wash or bar soap
- [ ] Toothpaste, toothbrushes, and floss
- [ ] Deodorant
- [ ] Razors and shaving cream
- [ ] Hand soap refills
- [ ] Feminine care products

Health and First Aid

- [ ] Pain relievers and fever reducers
- [ ] Allergy and cold medicine
- [ ] Bandages and antiseptic
- [ ] Vitamins and daily supplements
- [ ] Prescription refills
  Check refill dates so nothing runs out between trips.
- [ ] Sunscreen and lip balm

Home, Pets and Extras

- [ ] Light bulbs
- [ ] Batteries: AA, AAA, and coin cells
- [ ] Pet food, treats, and litter
- [ ] Baby supplies: diapers, wipes, and formula
- [ ] Air filters or vacuum bags
- [ ] Gift wrap, cards, or party supplies