Travel Essentials Checklist

A compact travel essentials checklist of the must-have items no trip should be without, from documents and money to tech and health basics.

Documents and ID

- [ ] Passport or government-issued photo ID
- [ ] Any required visas or entry documents
- [ ] Booking confirmations, printed or digital
- [ ] Travel insurance details
- [ ] Copies of key documents stored separately
  Keep one copy in the cloud and one on paper

Money

- [ ] Debit and credit cards
- [ ] Some local cash for arrival
- [ ] A backup card kept separately
- [ ] A travel or currency card if useful

Tech

- [ ] Phone and charging cable
- [ ] Power bank
- [ ] Travel adapter if needed
- [ ] Headphones

Health and Hygiene

- [ ] Daily medicines plus a little extra
- [ ] A small first-aid kit
- [ ] Toothbrush, toothpaste, and basic toiletries
- [ ] Hand sanitizer and tissues
- [ ] Glasses or contacts if you wear them

Comfort and Practical

- [ ] Reusable water bottle
- [ ] A snack for travel days
- [ ] A change of clothes in your carry-on
- [ ] Keys and a small day bag
- [ ] Phone numbers and addresses you may need