

Travel Essentials Checklist

A compact travel essentials checklist of the must-have items no trip should be without, from documents and money to tech and health basics.

Documents and ID

- ☐ Passport or government-issued photo ID
- ☐ Any required visas or entry documents
- ☐ Booking confirmations, printed or digital
- ☐ Travel insurance details
- ☐ Copies of key documents stored separately

Keep one copy in the cloud and one on paper

Money

- ☐ Debit and credit cards
- ☐ Some local cash for arrival
- ☐ A backup card kept separately
- ☐ A travel or currency card if useful

Tech

- ☐ Phone and charging cable
- ☐ Power bank
- ☐ Travel adapter if needed
- ☐ Headphones

Health and Hygiene

- ☐ Daily medicines plus a little extra
- ☐ A small first-aid kit
- ☐ Toothbrush, toothpaste, and basic toiletries
- ☐ Hand sanitizer and tissues
- ☐ Glasses or contacts if you wear them

Comfort and Practical

- ☐ Reusable water bottle
- ☐ A snack for travel days
- ☐ A change of clothes in your carry-on
- ☐ Keys and a small day bag
- ☐ Phone numbers and addresses you may need